

# Borneo Ultra Trail News - July 2024

The 12<sup>th</sup> edition of **The Most Beautiful Thing (TMBT) Ultra Trail Marathon** is rapidly approaching, and you have **just a few days left to sign up** to be part of this year's race. We have 6 distances on offer from the 7.5 km family-oriented run over a night challenge to the full 109 km course for the experienced runners, so **there is a course and challenge to suit every runner**. In addition to this TMBT is this year hosting the **Asia Trail Master (ATM) Championship Finals** race where the top 5 qualifying athletes of each gender from the ATM circuit will battle it out for the championship in a winner takes it all format – see <https://www.asiailmaster.com/2024-atm-final>

**Reserve the dates:** The Borneo Ultra Trail Marathon (BUTM) 2024 was successfully completed in March during rather hot conditions. We look forward to the next BUTM scheduled for 22<sup>nd</sup> - 23<sup>rd</sup> February 2025.

## The Most Beautiful Thing (TMBT) Ultra Trail Marathon

***Brutally Beautiful – Beautifully Brutal !***

Venue: Set around Mt. Kinabalu from the western flanks in Kota Belud till the eastern ridges at Mesilau  
Dates: 14<sup>th</sup> and 15<sup>th</sup> September 2024  
Categories: 7 km, 12 km, 30 km, 37 km Night run, 50 km and 109 km categories.  
Info & Registration: <https://borneoultra.com/tmbt1/>  
<https://www.facebook.com/Borneo-TMBT-Ultra-Trail-Marathon-197986800284621/>



The 12<sup>th</sup> edition of Malaysia's oldest and original 100-km Ultra-Trail Marathon, the TMBT, will once again showcase the stunning landscape and unique culture around the UNESCO world heritage site of majestic Mt. Kinabalu. We invite you to test your mental and physical strength against the beautiful but brutal landscape while enjoying the support from local villagers. With 6 race categories on offer, there is something for everybody. Kinabalu is waiting. **Registrations close on 10<sup>th</sup> August. Don't miss out – sign up now.**

We are happy to welcome our long-standing partners from Sportlicious Malaysia with Scott as the main brand on board for the TMBT together with Asia Trail Master with the Championship Finals Race – come and be part of the excitement around the ATM Championship.

**#The Most Beautiful Thing, No Shortcuts!.**



*Mt. Kinabalu looking spectacular with lenticular clouds over the summit seen along the route over the weekend.*

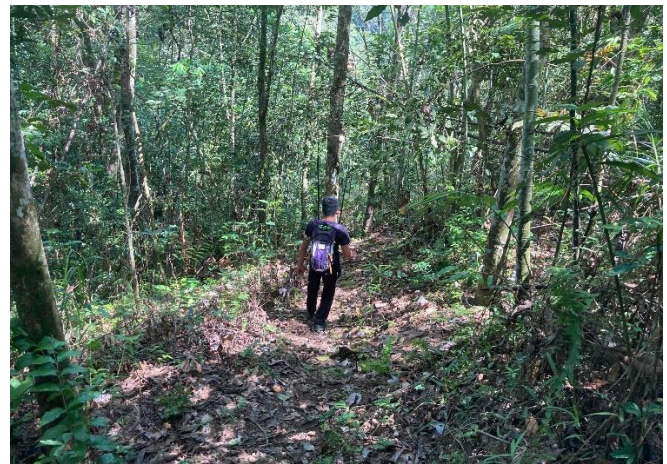


We are happy to announce that we have teamed up with Asaya Hotel Kota Kinabalu for Race Pack collection on 12<sup>th</sup> and 13<sup>th</sup> September.

The conference facilities are likely to provide a more comfortable setting than the Damai Hall used since the onset of Covid.

Please refer to website for details.

Course checking and preparations are progressing well – below are a few pictures along the course.



The course maintains all the (in)famous signature trails of the TMBT such as the Jungle Rumble between W2 and W3 with technical but beautiful trails through forest and plantations, over small hills and crossing refreshing streams; the never-ending Pineapple Ridge with spectacular views to the steep southern face of Mt. Kinabalu from W3 to W4; the brutal “double hill” of Bukit Dallas trail up to the finish line for the 30k and 50k categories; the Happy Villa view hill with spectacular views to Kinabalu on the 7.5k, 37 and 109 km trails.

We will be just past full moon for the 37k night run with a good chance of some spectacular night views to Mt. Kinabalu on a clear night.

*We never said it would be easy, but we guarantee plenty of photo opportunities.*



# Asia Trail Master (ATM) Championship Finals

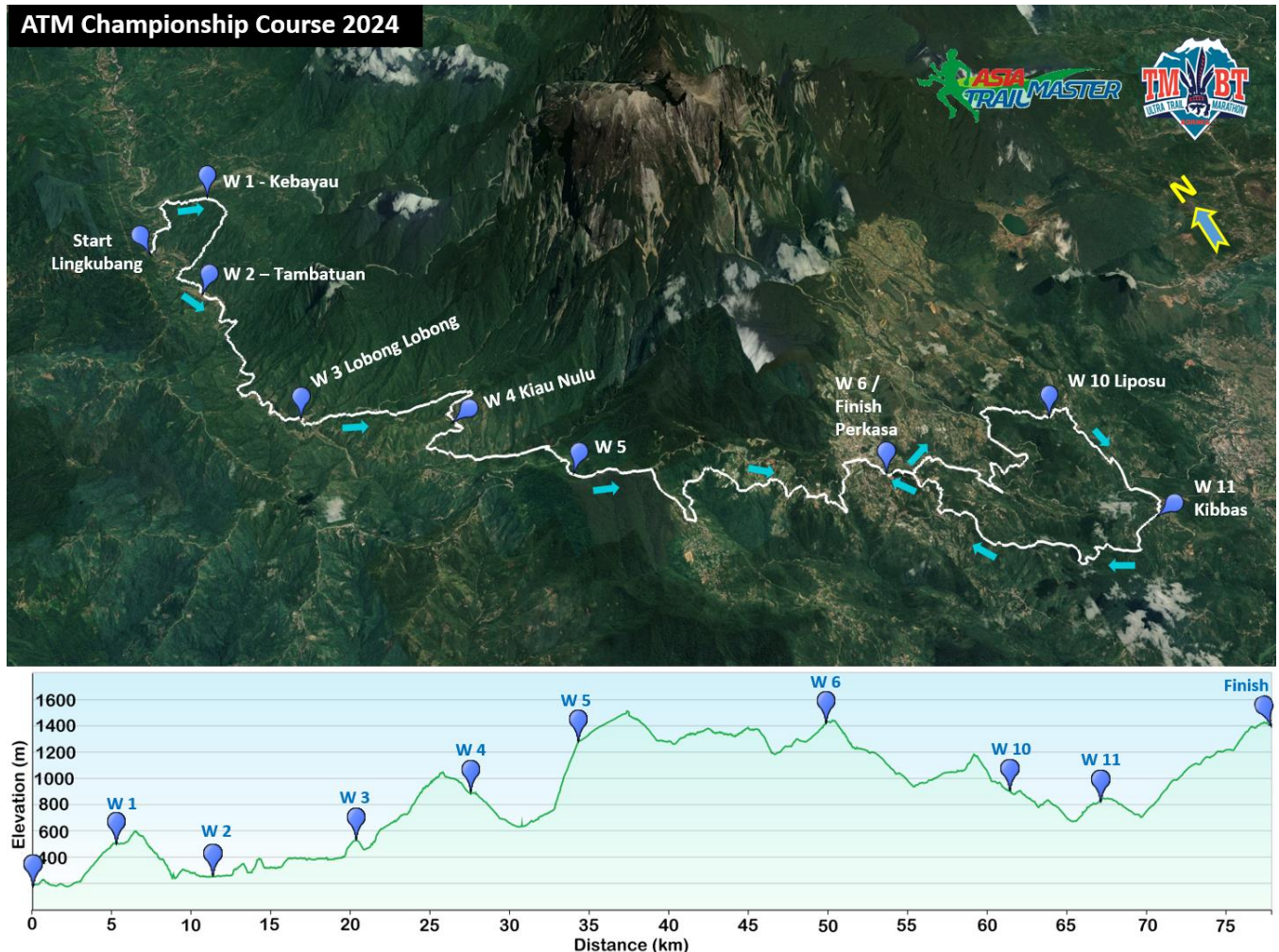


We are excited to host the 2024 Asia Trail Master Championship's 'Season's Final' in conjunction with the TMBT.

Runners qualify for the ATM Championship Final by scoring ATM points throughout the season. Per Asian country, maximum five male and five female runners - the highest point scorers - will receive invitation to join the final race. A minimum of 2 ATM race finishes is required for everyone. Please visit the ATM website <https://www.asiatrilmaster.com/2024-atm-final> or FB site: <https://www.facebook.com/asiatrilmaster/> to know more.

The ATM Championship Final race will be held on a specifically designed course that includes some of the best and most scenic parts of the TMBT 110k course with a new trail section to shorten the full course.

The (in)famous Pineapple Ridge is of course also included. The total race distance will measure around 78 km and the total elevation gain is estimated at over 4500 hm, which is significant. There are some technical jungle trail sections, but most is quite runnable, so the main obstacle for many participants will likely be the heat and humidity of the region. The race will start in Lingkubang at 5 am, roughly one hour before sunrise. The finish line is at the Perkasa Hotel in Kundasang together with the finish for the traditional 100, 37 and 7.5 km routes.



Outline of the ATM Championship course following much of the TMBT 110 km course.



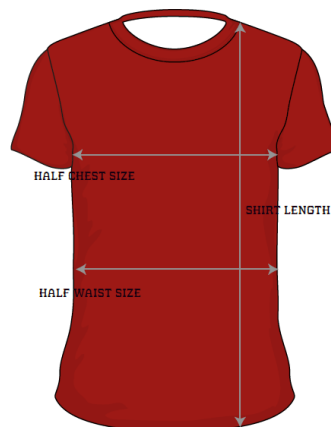
# TMBT Souvenir Shirts



We have added new designs as well as singlets and long-sleeve shirts to the selection for pre-order at RM 70 per shirt. If you would like to order any shirt(s), please follow the instructions below:

**Participants:** Order via Racematix when you register. If you have already registered, you can log in to your Racematix account, reopen your existing registration and add the desired T-shirt(s). Then complete the payment via one of the payment options. T-shirt(s) can be picked up during Racepack Collection.

**Non-Participants:** You can order through WhatsApp at +6016 801 2886 / +6010 933 4800 or by email to [info@borneoultra.com](mailto:info@borneoultra.com). For non-runners who want the shirts shipped out, we offer shipment within Malaysia at RM 15 for East Malaysia and RM 20 for West Malaysia. Overseas rate per courier charge rates.



## Size Chart & Measurements Guide Malaysia (Inches)-Unisex

- 1) All measurements above subject to +/-0.5 tolerance.
- 2) Tapered curve bottom at the back specially designed for athletic movements, enhancing fle-xibility and performance.
- 3) Half chest to be measured from left to right seam, 1" down from the armpit joint.
- 4) Half waist to be measured from left to right seam on the waist line.
- 5) Shirt length to be measured from the highest tip of the shoulder to the bottom hem.

Cutting Style	Size / Length	Half Chest Length (Inches)	Half Waist Length (Inches)	Shirt Length (Inches)
Unisex Athlete-Fit	3XS	16"	16"	24"
Unisex Athlete-Fit	2XS	17"	17"	25"
Unisex Athlete-Fit	XS	18"	18"	26"
Unisex Athlete-Fit	S	19"	19"	27"
Unisex Athlete-Fit	M	20"	20"	28"
Unisex Athlete-Fit	L	21"	21"	29"
Unisex Athlete-Fit	XL	22"	22"	30"
Unisex Athlete-Fit	2XL	23"	23"	31"
Unisex Athlete-Fit	3XL	24"	24"	32"
Unisex Athlete-Fit	4XL	25"	25"	33"





# Borneo Ultra Trail Marathon (BUTM) 2024



BUTM falls during the dry season in Sabah and has often been known to be hot – and 2024 was no exception. The morning of race day started with cloud cover that kept the temperatures down for the first half of the day, further aided by a brief rain-shower on the exposed Talantang Loop of the 50 and 100 km routes. This led to good conditions for the top runners. Sunday morning was a different story with clear skies and temperatures were soon soaring, adding an extra challenge for those still on the 100 km course as well as the 9 km course.

Several of the “usual” top runners in the 100 km had chosen to run the 50 km instead, leaving the door open to veteran runner Gustin Tiam who took an impressive win ahead of his much younger competitors with Mohd Sulhan in second and Oswald Maikol in third. In the women’s category, Rejlen James took the honors ahead of Adelinah Lintanga and Lynda Marylyn. In the 50 km race, Alessandro Sherpa threw in a strong challenge in the start and was leading up to halfway, but the usual 100 km runners of Milton Amat and Wilsen Singgin took charge on the Talantang Loop with Milton taking the win ahead of Wilsen and then Alessandro. In the women’s category, young and rising star Shamiera Auther led from start to finish, while veteran runner Kona Liau overtook Vicki Yuxuan Zhu of Singapore to take second place with Vicki having to settle for third.

Full results can be found at: <https://www.racematix.com/site/#results:grp/Borneo-Ultra-Trail-Marathon-2024>

A great thank you to our hard-working photographers, Dr JS Sidhu and Pamela Sidhu together with Nasier Lee and Magdalene Thien for providing excellent photos from the event. These can be found and downloaded from flickr: <https://www.flickr.com/photos/148519785@N03/albums> A small selection of photos with commentary is found below.



*Dark clouds in the morning at the start was a welcome sight after a hot and dry period.*



*Alessandro Sherpa tried a tactic of starting out hard to put the strong competitors behind him. He was leading until half-way but eventually had to settle for a very respectable third place.*



*Two runners bringing their own shade crossing one of many hanging bridges that the Kiulu valley is well known for.*



*Milton Amat showed that he is equally strong in the 50 km as in his usual 100 km*



A cooling dip in the river was ever popular at the finish line



Next generation of ultra-runner in the making



Team LambatTinggal still all smiles well into the race.



Age is just a number – for Kuppusamy Kanniah the number of 75 did not prevent him from completing the hot 32k run in less than 8 hours, beating half the field - IMPRESSIVE!



The podiums in the 100 km race for the women and men open categories



We thank our sponsors for their support and rewarding the podium finishers.

